

WHITEPAPER | JANUARY 2026

Optimising workforce costs **without compromising people.**

Sustainable cost control comes from stronger workforce operations, not blunt cuts. This whitepaper sets out how to deploy labour intelligently, protect pay accuracy and keep people engaged, so efficiency and experience improve together.

Deploy

Match labour to real demand

Govern

Pay rules that hold up

Engage

Retention as a cost lever

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EXECUTIVE SUMMARY

Cost control works when it **strengthens operations.**

Rising labour costs, tighter margins and growing regulatory complexity have pushed workforce cost management to the top of the agenda.

Sustainable savings are produced by better workforce operations rather than headcount reduction. Efficiency follows when labour is deployed against real demand, planning is accurate and the workforce experience supports productivity and retention.



Where cost programmes ignore the employee experience, organisations usually get the opposite of what they intended: more absence, higher turnover, weaker service and greater reliance on premium labour. People and performance are linked, so cost decisions are always operational decisions.

Overtime

The most visible symptom of poor planning

Absence

A cost driver and an engagement signal

Agency

Premium cover for capability gaps

This whitepaper sets out practical methods for controlling workforce cost while protecting fairness, compliance and engagement.

OUR VIEW

Cost taken out of a workforce plan without changing how work is planned always comes back, usually as premium labour.

01 UNDERSTANDING COST DRIVERS

Cost is a symptom. Find the driver first.

Workforce cost is shaped by structural, operational and behavioural factors. Without visibility of where and why cost occurs, organisations treat symptoms and leave the cause untouched, which is why savings so often fail to hold.

Understanding the drivers allows leaders to target the small number of interventions that carry most of the value, and to avoid broad measures that damage morale or service.

Common workforce cost drivers

- Schedules that do not reflect demand
- Forecasting that is inaccurate or out of date
- Overtime created by planning gaps
- Manual processes and slow approvals
- Absence and attrition running above plan
- Dependency on agency or premium labour
- Limited visibility of labour utilisation
- Pay rules applied inconsistently across sites

01

Measure

Establish a baseline for overtime, absence and agency spend by site and team.

02

Diagnose

Separate planning failures from capability gaps and behavioural causes.

03

Target

Fix the two or three drivers that carry most of the avoidable cost.

A clear view of the drivers is the foundation for optimisation that survives the next budget cycle.

OUR VIEW

Two or three drivers usually account for most of the avoidable cost. Finding them is cheaper than a broad reduction programme, and it lasts longer.

Scheduling is the largest **controllable cost lever.**

When schedules reflect demand and capability, waste falls, service improves and employees get the predictability they value.

Smarter scheduling needs accurate data and well designed process. The data sets the shape of the plan, the process decides whether people trust it.



Accurate forecasting

- Staffing aligned to real demand patterns
- Less over and under staffing across the week
- Fewer last minute changes and unplanned hours

Role and skills based scheduling

- The right skills against the right work
- Safety, quality and regulatory cover evidenced
- Reduced reliance on premium or agency labour

Self service scheduling

- Employees manage availability and preference
- Administrative load lifted from managers
- Transparent, fair and predictable rosters

Where scheduling works, cost efficiency and employee experience improve at the same time, rather than trading against each other.

OUR VIEW

A schedule that people trust is the cheapest control in the operation, because it removes the last minute cover that carries premium rates.

Pay accuracy and insight **stop quiet cost leakage.**

Small inconsistencies in rule configuration become significant numbers over a year, and they cost trust as well as money. Strong governance means people are paid correctly and leaders can predict cost with confidence.

01

Thresholds

- Overtime triggers
- Premium structures
- Consistent application

02

Compliance

- Break and rest rules
- Automated enforcement
- Audit ready records

03

Exceptions

- Standard handling
- Clear approval trails
- Fewer manual fixes

04

Review

- Regulatory changes
- Policy changes
- Scheduled reconfiguration

04 Workforce insight and analytics

Insight moves organisations from reactive cost control to proactive optimisation. A single source of truth for utilisation, absence and overtime lets leaders act before cost escalates rather than explain it afterwards.

Overtime

Trends and root cause

Absence

Patterns and drivers

Variance

Site and region gaps

Output

Productivity indicators

Well governed pay rules and reliable insight reduce risk, improve fairness and make cost conversations evidence led.

OUR VIEW

Pay rule governance is rarely the headline saving, but it is usually the most certain one, and it protects trust at the same time.

Engagement is an **optimisation lever.**

Engaged employees are more productive, take fewer unplanned absences and are less likely to leave, which removes recruitment and onboarding cost from the base.

Optimisation built on fairness, transparency and development consistently outperforms short term reduction, because the savings are structural rather than borrowed.



Practices that pay back

- Predictable and stable scheduling wherever operations allow
- Transparent holiday and absence processes
- Fair distribution of desirable and undesirable shifts
- Open communication on change and performance
- Development, recognition and progression routes
- Managers equipped with data, not spreadsheets

When employees feel supported, efficiency becomes a natural outcome rather than a forced initiative, and the improvement holds through peak periods.

OUR VIEW

Retention is the cheapest cost saving available, and it is decided by the quality of the roster far more often than by pay.

Manual process is a cost **you can design out.**

Manual workforce process introduces delay, inconsistency and error, all of which add cost and frustration. Modern workforce platforms automate the routine and strengthen control at the same time.

Automation supports managers and employees rather than replacing judgement. It removes the administrative load that stops leaders working on the decisions that change cost.

Time capture

Real time capture and approval, with exceptions surfaced as they happen.

Shift change

Automated swaps and cover within the rules already agreed.

Absence

Digital leave requests with visible balances and entitlement.

Compliance

Proactive alerts before a breach becomes a liability.

Workflow

Streamlined scheduling and approval routes across sites.

Reporting

Scheduled reporting that reaches managers without chasing.

Reducing manual effort improves cost control and employee experience together, because the same delay that frustrates people also creates the error that costs money.

OUR VIEW

Automation pays back twice: it removes administrative cost, and it removes the delay and error that quietly create it.

CONCLUSION

Optimise the operation, **protect the people.**

Workforce cost optimisation is most effective when it improves the employee experience rather than compromising it. Programmes built on short term reduction alone tend to return as risk, disengagement and inefficiency.

Intelligent scheduling, accurate pay rules, insight led decisions, automation and people centred practice combine into a workforce model that is sustainable, compliant and high performing.



01

Deploy

Plan labour against demand
you can evidence

02

Govern

Pay rules that are accurate and
auditable

03

Engage

Fairness and predictability as
cost controls

READY WHEN YOU ARE

Ready to optimise **your workforce cost?**

Book a discovery call and we will review where cost is
leaking today and what your platform could recover.

www.in-workforce.com

BOOK A DISCOVERY CALL

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